MDS-RCA: The Mini-Series Session #2

Case Mix Team July 2022

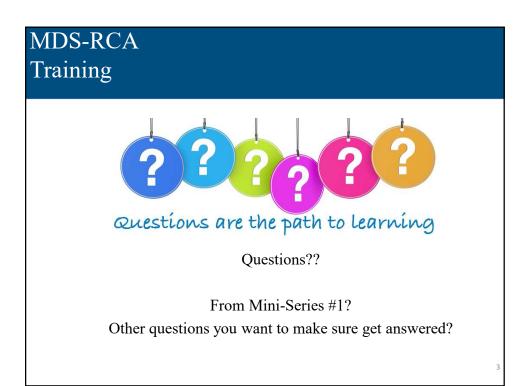


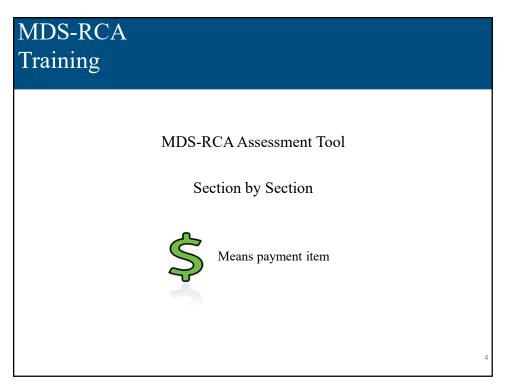
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MDS-RCA Mini-series #2

MDS-RCA Training: Agenda

- ➤ Basic Assessment Tracking Form
- > Section S: Completing the assessment
- > Section A
- > Section B, C, and D
- > Section F, H, and I
- > Section K, L, and N
- > Section O and Q
- > Section R, T, and U
- Discharge Tracking form
- > Submission of Assessments





5

MDS-RCA Training

Face Sheet: Background Information

Completed at the time of the resident's initial admission to the facility.

Section AB: Demographic Information

Section AC: Customary Routine

Section AD: Face Sheet Signatures and dates

| MDS-RCA | _ | | | | | |
|----------|-----------------------------------|------------------------------------------------------------------|-----------------|------------|---------------|----|
| Training | | | | | | |
| | | essment In | forma | tion and | Signature | es |
| 1. | PARTICIPATION IN ASSESSMENT | B. Resident: b. Femily: c. Other Non-Staff: | ☐ 0. No | ☐ 1. Yes ☐ | | |
| 2. | a. Signature of A | PERSONS COMPLE ssessment Coordinate nent Coordinator signe | or (sign on lin | e above) |)- - | |
| | c. Other Signature d. | s Title | | Sections | Date Date | |
| 3. | - | | | | - Land | 7 |

| MDS-RCA | 4 | |
|----------|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| Training | | |
| Section | n A: Id | entification and Background information |
| 1. | RESIDENT NAME | a. (First) b. (Middle Initial) c. (Last) d. (Jr/Sr) |
| 2. | SOCIAL SECURITY and MEDICARE NUMBERS (C in 1º bax if no med. no.) | a. Social Security Number b. Medicare number (or comparable railroad insurance number) |
| 3. | FACILITY NAME AND PROVIDER NO. | a. Facilty Name b. Provider No. |
| 4. | MAINECARE NO. | (Record a "+" if pending, "N" if not a MaineCare recipient) |
| 5. | ASSESSMENT DATE | Last day of observation period Month Day Year |
| 6. | REASON FOR ASSESSMENT | (Check primary reason for assessment) |
| | | 8 |

| MDS-RCA Training | | | |
|---------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| | Se | ction B: Cognitive Patterns | |
| ? | 1. MEMORY | (Recall of what was learned or known) a. Short-term memory OK—seems/appears to recall after 5 minutes 0. Memory OK 1. Memory problem b. Long-term memory OK—seems/appears to recall long past 0. Memory OK 1. Memory problem | |
| 2 | 2. MEMORY/ RECALL ABILITY | (Check all that resident was normally able to recall during last 7 days) a. Current season d. That he/she is in a facility/home b. Location of own room e. NONE OF ABOVE are recalled c. Staff names/faces | |
| \$ | 3. CDGNITIVE SKILLS FOR DAILY DECISION- MAKING (Check anly are | 1. MODIFIED INDEPENDENCE—some difficulty in new situations only 2. MODIFIED INDEPENDED—decisions poor; cues/ | |
| | 4. COGNITIVE STATUS (Check anly are. | Resident's cognitive status or abilities now compared to resident's status 180 days ago (or since admission if less than 180 days). 0 No change | |
| | | | 9 |

| SE 1. | CTION C. | COMMUNICATION/HEARING PATTERNS (With hearing appliance, if used) |
|-------|---------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6.8 | (Check only one.) | 0. HEARS ADEQUATELY—normal talk, TV, phone 1. MINIMAL DIFFICULTY when not in quiet setting 2. HEARS IN SPECIAL STDLATONS ONLY—speaker has to adjust tonal quality and speak distinctly 3. HIGHLY MIRAIRED—absence of useful hearing |
| 2. | COMMUNICA- TION DEVICES/ TECHNIQUES | (Check all that apply during last 7 days.) a. Hearing aid, present and used b. Hearing aid, present and not used regularly c. Other receptive communication techniques used (e.g., lip reading) d. NOVE OF ABOVE |
| 3. | MAKING SELF UNDERSTOOD (Check only one.) | (Expressing information content—however able) 0. UNDERSTOOD 1. USUALLY UNDERSTOOD—difficulty finding words or finishing thoughts 2. SOMETIMES UNDERSTOOD—ability is limited to making concrete requests 3. RARELYNEVER UNDERSTOOD |
| 4. | ABILITY TO UNDERSTAND OTHERS (Check only one.) | (Understanding information content—however abis) 0. UNDERSTANDS 1. USUALLY UNDERSTANDS—may miss some part / intent of message 2. SOMETIMES UNDERSTANDS—responds adequately to simple, direct communication 3. RARELYNEYER UNDERSTANDS |

| MDS-RO | | VISION DATTERNS |
|--------|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. | VISION (Check only one.) | Ability to see in adequate light and with glasses if used) O. ADEQUATE—sees fine detail, including regular print in newspapers/books 1. IMPAIRED—sees large print, but not regular print in newspapers/books 2. MODERATELY IMPAIRED—limited vision; not able to see newspaper headlines, but can identify objects 3. HIGHLY IMPAIRED—object identification in question, but eyes appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 3. HIGHLY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 3. HIGHLY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 3. HIGHLY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 3. HIGHLY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects 4. SEVERELY IMPAIRED—no vision or sees only light, colors, or shapes; eyes do not appear to follow objects |
| 2. | VISUAL APPLIANCES | a. Glasses, contact lenses 0. No 1. Yes b. Artificial eye 0. No 1. Yes |
| | | |

| IDS-RCA | | | | |
|---------|-----|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| | Q.E | CTION E | PSYCHOSOCIAL WELL-BEING | |
| | 1. | T T | a. At ease interacting with others b. At ease doing planned or structured activities | |
| | 2. | UNSETTLED RELATION- SHIPS (Check sti that apply.) | a. Covertiopen conflict with or repeated criticism of staff b. Unhappy with recommate c. Unhappy with residents other than recommate d. Openly expresses conflictianger with family/friends e. Absence of personal contact with family/friends f. Recent loss of close family member/friend g. Does not adjust easily to change in routines h. MONE OF ABOVE | |
| | 3. | LIFE- EVENTS HISTORY (Check all that apply.) | Events in past 2 years a. Serious accident or physical lihese b. Health concerns for other person c. Death of family member or close friend d. Trouble with the law e. Robbedphysically attacked f. Conflict faden or severed relationship g. Loses finorem leading to change in lifestyle b. Sexual assautisabuse i. Child custody issues j. Change in marital planter status k. Review hearings (e.g., forensic, certification, capacity hearing) l. NONE CFABOVE | |

MDS-RCA Training SECTION H. CONTINENCE IN LAST 14 DAYS CONTINENCE SELF-CONTROL CATEGORIES Note: this section has Code for resident's PERFORMANCE OVER ALL SHIFTS) C. CONTINENT—Complete control (includes use of indwelling urinary catheter or ostomy device that does not leak urine or stool) a 14-day look back USUALLY CONTINENT—BLADDER, Incontinent episodes once a week or less; BOWEL, less than weekly period. 2. OCCASIONALLY INCONTINENT-BLADDER, 2 or more times a week but not OCCASIONALLT INVOCATIONS and ality; BOWEL, once a week FREQUENTLY INCONTINENT—BLADDER, tended to be incontinent daily, but some control present (e.g. on day shift); BOWEL, 2-3 times a week Manage incontinent 4. INCONTINENT—Had inadequate control BLADDER, multiple daily episodes; BOWEL, supplies means to all (or almost all) of the time change the pad or Control of bowel movement, with appliance or bowel continence programs, if employed brief, empty catheter BLADDER CONTINENCE Control of urinary bladder function with appliances (e.g. foley) or continence programs, if emp and/or ostomy bag. It Diarrhea BOWEL ELIMINATION PATTERN Bowel elimination pattern does not refer to regular-at least one Fecal Impaction movement every three days Resident is independent ordering supplies, Constipation NONE OF ABOVE stocking supplies in a **APPLIANCES** Any scheduled toileting plan Did not use toilet room/ commode/urinal PROGRAMS Bladder retraining program resident's room, or Pads/briefs used External (condom) catheter putting them away Enemas/irrigation ndwelling cathete Ostomy present Intermittent catheter when supplies arrive

13

MDS-RCA Training

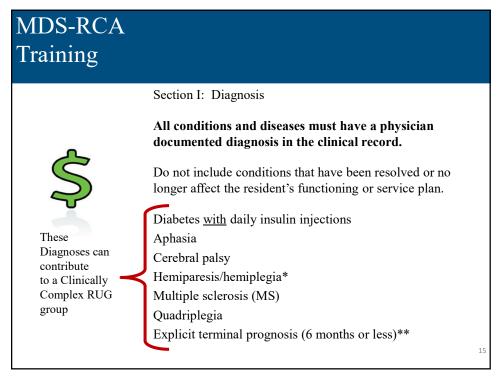
POP QUIZ!

- $0 Continent {\sf Complete}\ control$
- 1 Usually Continent Bladder, incontinent episodes occur once a week or less. Bowel incontinent episodes occur less than once a week.
- 2 Occasionally Incontinent Bladder incontinent episode occur two or more times a week but not daily. Bowel incontinent episodes occur once a week.
- 3 Frequently Incontinent Bladder, tended to be incontinent daily, but some control present (e.g., on day shift) Bowel, 2-3 times a
- **4 Incontinent** Bladder incontinent episodes occur multiple times daily. Bowel incontinence is all (or almost all) of the time.

A. Mr. Q was taken to the toilet after every meal, before bed, and once during the night. He was never found wet.

NONE OF ABOVE

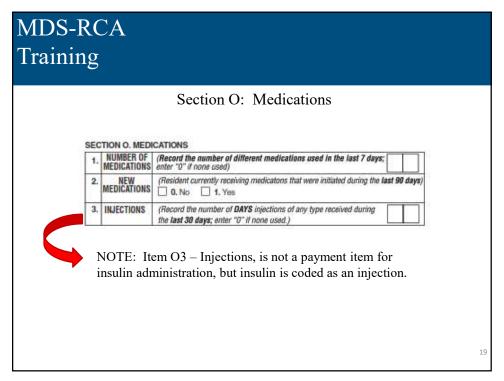
- **B**. Mr. R had an indwelling catheter in place during the entire 14-day assessment period. He was never found wet.
- C. Although she is generally continent of urine, every once in a while, (about once in two weeks) Mrs. T doesn't always make it to the bathroom in time after receiving her daily diuretic pill
- D. Late in the day when she is tired, Mrs. A sometimes (but not all days) has more episodes of urinary incontinence.



| MDS-RC. Training | A | | |
|------------------|-------------------|---------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | SECTION 1. PRO | | K: Oral and Nutritional Status NUTRITIONAL STATUS a. Mouth is 'dry'when esting a meal d. Mouth Pain b. Chewing Problem e. NONE OF ABOVE c. Swallowing Problem |
| | 2. H | EIGHT AND | Record (a.) height in inches and (b.) weight in pounds. Base weight on most recent measure in last 30 days; measure weight consistently in accord with standard facility practice-e.g., in a m. after voiding, before meat, with shoes off, and in nightolothes. B. HT (in.) B. WT (b.) |
| | | ANGE | a. Unintended weight loss-5% or more in last 30 days; or 10% or more in last 180 days 0. No 1. Yes 1. Unintended weight gain-5% or more in last 30 days; or 10% or more in last 180 days 1. No 1. Yes |
| | PRO | JTRI- ONAL BLEMS OR AP- IACHES IECK all apply) | □ s. Complains about the taste of many foods □ g. Eating disorders □ b. Regular or repetitive complaints of hunger (specify) □ c. Leaves 25% of food □ i. Restrictions uneation at most meals □ d. Therspecific diet □ j. NONE OF ABOVE □ e. Mechanically altered (or pured) diet |

| MDS-RO Training | CA | |
|--------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| SE | | ection L: Oral / Dental Status |
| 1. | ORAL STATUS AND DISEASE PREVENTION (Check all that apply.) | a. Has dentures or removable bridge b. Some/all natural teeth lost-does not have or does not use dentures (or partial plates) c. Broken, loose or carious teeth d. Inflamed gums (gingiva); swollen or bleeding gums; oral abscesses; ulcers or rashes e. Daily cleaning of teeth/dentures or daily mouth care-by resident or staff f. Resident has difficulty brushing teeth or dentures g. NONE OF ABOVE |
| | | |

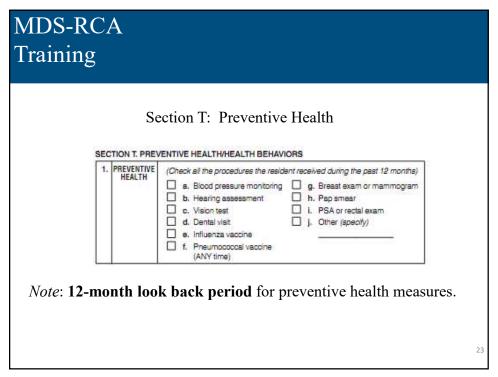
| OS-RC ining | | |
|----------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | | on N: Activity Pursuit Patterns |
| s | 1. TIME AWAKE | (Check appropriate time periods over last 7 days) (Check appropriate time periods over last 7 days) Resident awake all or most of time (i.e., naps no more than one hour per time period) in the: a. Morning |
| | 2. AVERAGE TIME INVOLVED IN ACTIVITIES (Check only one.) | (When awake and not receiving treatments or ADL care) 1. Most-more than 2/3 of time 2. Some-from 1/3 to 2/9 of time 3. Little-less than 1/3 of time 4. None |
| | 3. PREFERRED ACTIVITY SETTINGS | (Check all settings in which activities are preferred) a. Own room. b. Daylactivity room. c. Outside facility (e.g., in yard) |
| | 4. GENERAL ACTIVITY PREFER- ENCES | (Check all PREFERENCES whether or not activity is currently available to resident) a. Cardisiother games k. Gardening or plants b. Crafts/arts l. Talking or conversing c. Exercise/sports m. Helping others |



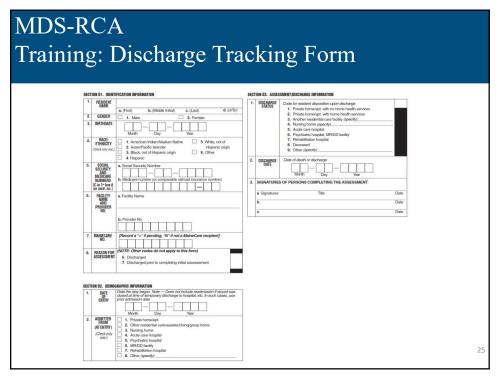
| MDS-RCA | | |
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| Training | | |
| <i>≿</i> ← | Sec | tion O: Medications |
| | SECTION O. MED | ICATIONS (cont.) |
| Q | 4A. DAYS RECEIVED THE FOLLOWING MEDICATION | Record the number of DAYS during the last 7 days; enter "0" if not used. Note-enter "1" for long-acting meds used less than weekly) a. Antipaychotic |
| This item can contribute to the | 4B. PRN MEDICATIONS | Does resident have a prescription for any PRN medication for a mental, emotional or nervous condition, or behavioral problem? 0. No 1. Yes |
| clinically complex RUG group, in combination with a diagnosis of Diabetes | 5. SELF- ADMINSTERED MEDICATIONS (Check all that apply.) | Did resident self-administer any of the following in the last 7 days: a. Insulin b. Oxygen f. Over-the-counter Meds c. Nebulizers g. Other (specify) h. NONE OF ABOVE |
| | 6. MEDICATION PREPARATION ADMINISTRATION | No Meds 1. Resident prepared and administrated NONE of his/her own medications. 2. Resident prepared and administrated SOME of his/her own medications. 3. Resident prepared and administrated ALL of his/her own medications. |
| | | 20 |

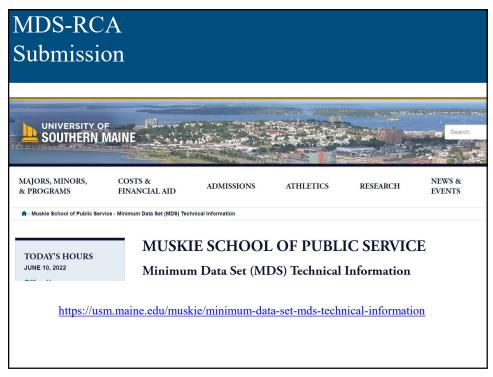
| ía | | ection Q: Service Planning | |
|----|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| | RESIDENT GOALS (Check all areas in which resident has self-identified goals) | a. Health promotion/wellness/exercise b. Social involvement/making friends c. Activities/hobbies/adult learning d. Rehabilitation-skilled e. Maintaining physical or cognitive function f. Participation in the community g. Other (specify) h. No goals | |
| 3 | . CONFLICT | a. Any disagreement between resident and family about goals or service plan? | |

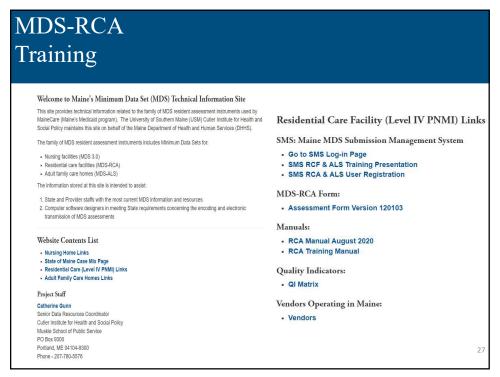
| Training | Sec | tion R: Discharge Potential | |
|----------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| | TION R. DISCH | ARGE POTENTIAL | |
| 1. | DISCHARGE POTENTIAL | B. Does resident or family indicate a preference to return to community? 0. No 1. Yes b. Does resident have a support person who is positive towards discharge? 0. No 1. Yes C. Has resident's self-sufficiency changed compared to 6 months or since admission, if less than 6 months? 0. No change 1. Improved 2. Declined | |
| | | | |

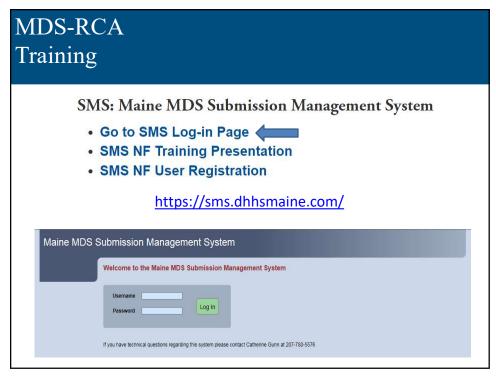


| RCA ng | | | | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|-------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| S | ection U: | Medi | cations 1 | ist | |
| | SECTION | ON U. MEDICA | ATIONS LIST | | |
| List all medications given during the last | days. Include medications us | ed regularly less t | han weekly as part of the r | esident's treatment regi | imen. |
| List the medication name and the dose RA (Route of Administration). Use the | | wing list: | | | |
| | intramuscular (IM) intravenous (IV) | 5 = subcutaneous (SubQ) 6 = rectally | | 7 = topical 8 = inhalation | 9 = enteral tube 10 = other |
| FREQ (Frequency): Use the appropria | ate frequency code to show the | number of times | per day that the medication | was given. | |
| 1H = (qh) every hour 2H = (q2h) every two hours 3H = (q3h) every three hours 4H = (q4h) every four hours | BH = (q8h) every eight hours 1D = (qd or hs) once daily 2D = (BID) two times daily (includes every 12 hours) 3D = (TID) three times daily 4D = (QID) four times daily | SD = five times a day 1W = (QWeek) once every week 2W = twice every week 3W = three times every week QO = every other day 4W = four times every week | | 5W = five times every week 6W = six times every week 1M = (0Month) once every month 2M = twice every month C = continuous O = other | |
| PRN-n (prn — number of doses): If the Do not use this column for scheduled r DRUG CODE: Enter the National Drumanual Appendix E. If using this Appen NDC code column). This should result. | nedications. g Code (NDC). The last two dig dix, the NDC should be entere | ts of the 11-digit I | NDC define package size a | nd have been omitted f | rom the codes listed in the |
| 1, Medication Name and Dosag | e 2.RA | 3. Freq | 4. PRN-n | 5. ND0 | C Codes |
| EXAMPLE: Coumadin 2.5 mg Digoxin 0.125 mg Humulin R 25 Units Robitussin 15cc | 1 1 | 1W 1D 1D PR | 2 | | |
| | 1 1 | | | | |









MDS-RCA Training

Maine DHHS RCF Report MDS-RCF Final Validation Report

Facility Name: FACILITY Provider ID: 123456789 Facility ID: 00000
File Name: 00000_07132022_133128.txt Import Date: 7/13/2022 2:16:13 PM

Records Received: Records Accepted: Records Rejected:

Rejected Records

SSN Resident Name Assessment Reason Assessed Date

29

29

MDS-RCA Training

What can you do if you find a pattern of incorrect RUG groups between your MDS and the final validation?

- Call your vendor
- Make sure you are checking your validation reports regularly!

30

MDS-RCA Training

What if my software shows an assessment has been accepted?

- Check your state validation report from SMS to confirm acceptance or rejection
- Software acceptance usually means the batch has passed all software edits and is being accepted as ready for submission through SMS.

31

31

MDS-RCA Training

Questions?

This completes session #2 of the MDS-RCA Mini-Series.

Email the help desk to register for other training sessions or to send questions for the forum call.

MDS3.0.dhhs@maine.gov

State of Maine website for handouts:

https://www.maine.gov/dhhs/oms/providers/case-mix-private-duty-nursing-and-home-health

32

MDS-RCA Training

Reminders:

Call the MDS help desk to inquire or register for training.

ASK questions!

ASK more questions!

Attend training as needed

Evaluations would be appreciated so we can continually improve our training.

33

33

Case Mix Team Contact Information

- MDS Help Desk: 624-4095 or toll-free: 1-844-288-1612 MDS3.0.DHHS@maine.gov
- **Deb Poland, RN**: 215-9675

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Julia.Jason@maine.gov

Christina Stadig, RN: 446-3748

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• Emma Boucher, RN: 446-2701

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• Sue Pinette, RN: 287-3933 or 215-4504 (cell)

Suzanne.Pinette@maine.gov

Maine Department of Health and Human Services

